## **TRACKING YOUR WINS**

1. Highlight your wins below! Small, large, and everything in between.

2. Have you picked a method of doing your project that's especially hard for you? How might you start from and leverage your GATES?

3. What OPP do you need to account for? How might you align OPP with your project?

4. Are there any derailers and (real) naysayers you need to account for? List them by name and how you'll address them.

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## 5. Are you carrying any projects that you can let go of to keep them from bogging you down?

6. Are there any bad or unhelpful stories you're telling yourself – you're a flake, you're not good at planning, who are you to think you can do it, and others – and what will you do to counteract those stories?